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Moving Treatment Planning

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In treatment planning we take clinical information and make a treatment plan. Though more complex than individual diagnosis and treatment, it is often not discussed. Treatment planning should get *moving*, should reflect the *movement* of children and youth, as they learn and grow, and should use language that is emotionally *moving* and experience-near. Here we define treatment planning, review conventional approaches and their limitations, and offer a more dynamic, inclusive approach based on consensus-based focal treatment planning.